



Puddletown Surgery Newsletter Spring 2009

PUDDLETOWN SURGERY

BACKWATER

PUDDLETOWN

DORCHESTER

DORSET

DT2 8SD

Tel: 01305 848333

Fax: 01305 361010

carol.taylor@gp-J81616.nhs.uk

www.puddletownsurgery.co.uk

Dispensary

Tel 01305 849329

24 hour line

Opening Times for Easter

Over the Easter period the surgery will be closed on Good Friday, 10th April, and Easter Monday, 13th April.

The surgery will be open on Easter Saturday, 11th April.

If you are unwell while the surgery is closed, always ring **848333**. Our recorded message transfers you directly to the Dorset Emergency Care Service who will take details of your condition and pass these on to a doctor. In cases of accident or extreme emergency you may be advised to ring 999 and request an ambulance. For general medical information, advice or reassurance, ring NHS Direct on 0845 46 47.

If, for any reason, you find you are unable to get through to the practice out of hours and need to call the Urgent Care Service directly, ring 0845 600 10 13.

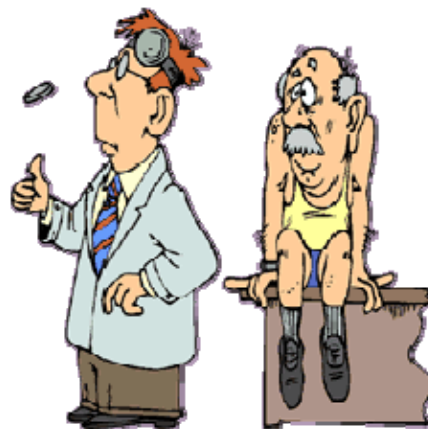
Ordering Repeat Prescriptions

Please ensure you order sufficient medication to cover the holiday period. If, by chance, you should find you have run out of medication during the holiday, this may be dealt with by the Out of Hours service.

!!MEN ONLY!!

The next event in our highly popular patient education sessions will be for men only. Dr Chris Burnham will address issues men may have regarding their health, such as:

- Testicular cancer
- Prostate
- PSA
- Urinary incontinence
- Erection Problems
- Bowel habits
- Self-examination
- Sexually transmitted diseases



The event will be held in

Puddletown Sports Pavilion

on Thursday 21st May 2009 at 7.30pm.

The bar will be open.

CITIZENS ADVICE BUREAU

Please remember that on Tuesdays we have an advisor at the surgery from the Citizens Advice Bureau. If you are experiencing any problems that you require some help with, do ring and make an appointment.

The CAB offers a wide range of support and information in many areas.

They can help with advice on dealing with

debts, financial problems benefits and how to cope if your employment circumstances change.

In the current economic climate many people are facing these problems and may benefit from this support and advice.

This advice is completely confidential and free.

What To Do With Your Waste Medication

You can help to cut the cost of waste medication by:-

- Ordering monthly and only what you actually require.
- Ordering on an official medicine request form to prevent mistakes.
- Avoid stockpiling at home.
- Return all unwanted or unused medication to the surgery or pharmacy.
- Do not pour medication down the sink or toilet or place medication in your waste bin.
- Check that you have the correct medication before leaving the surgery.

We can recycle some medication to 'Intercare', an organisation that distributes medicines to Africa.



**The dispensary telephone
number is**

849329

Occasionally messages for repeat medication have been left on the answering machine of a private household whose telephone number is 848329!! So—please ensure you hear Lynn's voice clearly announcing that "This is the Puddletown Surgery Dispensary" before you leave your message. Thankyou.

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Contacting you.

It is sometimes necessary for us to contact you urgently. It would be really helpful if you could give us your mobile telephone number and e-mail address. These can be left at Reception, or may be e-mailed to carol.taylor@gp-J81616.nhs.uk. Many thanks.