

Information for Carers March 2011

Organisation	Contact	Address	Contact details	Resume of service
Help and Care	Carers Outreach Worker	896 Christchurch Road Bournemouth BH7 6DL	www.helpandcare.org.uk carerslink@helpandcare.org.uk 0300 111 3303	Commissioned by Dorset County Council to provide support, advice and wide range of services to people who care for a friend or relative, including the provision of trained staff to allow carers to take short breaks from their responsibilities.
Dorset County Council	Sheila Biddlecombe Carers Support Worker	Acland Road Dorchester DT1 1SH	www.dorsetforyou.com/carers dorchestersocialcare@dorsetcc.gov.uk 01305 251414	Assesses the help needed by carers. Signposts to other services listed here, including the short breaks service brokered by Help and Care
West Dorset Care and Repair	Dawn Potter	Stratton House 58-60 High West Street Dorchester DT1 1UZ	www.dorsetforyou.com/387206 01305 252405 dawn.potter@westdorset-dc.gov.uk	Advice and support to elderly or disabled people to improve, repair and adapt their homes to provide greater comfort, security and maintain independence.
Carers UK	Shirley Parker	7 Bellbury Close Puddletown Dorchester Dorset DT2 8SG	www.carersuk.org/Home 01305 848374	Information, advice and emotional support to carers of all kinds
Friends of the Practice Co-ordinator	Sue Brazier	Dorset Primary Care Trust	01305 368908	Provides volunteers to help with transport, delivery of medication to patients confined in their homes, shopping trips, and companionship
Citizens Advice Bureau		1 Acland Road Dorchester DT1 1JW	www.dorchestercab.org.uk 0845 2310400	Free independent confidential impartial advice on benefit entitlement, housing, debt etc.

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The Leonardo Trust	Christine Edwards	5 Dunyeads Road, Broadstone, Dorset BH18 8AA	01202 698325	An independent charity offering funding to support a diverse range of carers' needs
PCT Carers Development Manager	Fenella Barnes	Dorset Primary Care Trust	fenella.barnes@dorset-pct.nhs.uk 01305 368932	Carers Lead for NHS Dorset. Commissions, frequently in partnership with colleagues at Dorset County Council, services to support carers, in line with the Dorset Joint Commissioning Strategy.
St Johns Ambulance	Julie McDermott	St Johns House Bridport Road Dorchester DT1 2NH	www.sja.org.uk training@dorset.sja.org.uk 01305 751151	Runs free training courses for Carers, eg back care, falls prevention, first aid and stress management.
Dorset Fire & Rescue	Pete Brown	Peverell Avenue West Poundbury Dorchester Dorset DT1 3SU	www.dorsetfire.co.uk 01305 252600 pete.brown@dorsetfire.gov.uk	Support and advice in protecting your home from fire
Expert Patient Programme	Jane Austin Brian Woolston	NHS Dorset Hillfort House Poundbury Road Dorchester DT1 2PN	www.dorset-pct.nhs.uk/getting_involved/carers/index.asp 01305 368026	Free self management courses helping patients to play a more active part in managing their own condition
Carers Lead	Carol Taylor	Puddletown Surgery	www.puddletownsurgery.co.uk/carers.shtml carol.taylor@gp-J81616.nhs.uk 01305 848333	Co-ordinates Carer services within the practice
POPP Wayfinder	Sandra Bartlett	Age Concern Rowan Cottage 4 Prince of Wales Road Dorchester DT1 1PW	www.dorsetforyou.com/popp 01305 213345 wayfindersandra@btconnect.com 07971 338294	Information and signposting to services for Older People
Alzheimer's				

Society				
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